



Cathaleen Shupe Frithiof

July 17, 1949 - January 3, 2024

Cathaleen Shupe Frithiof, 74, passed away January 3, 2024 in Corsicana, TX. A private family service will be held at a later date.

Cathaleen was born on July 17, 1949 in Denver, CO. Though formerly a world traveler, she happily called Pensacola, FL and Waco, TX home for many years. She was a proud military wife and daughter, the most enthusiastic soccer mom on the sidelines, and loved by many. Known as Honey to some, she will be remembered for her sense of humor and infectious personality.

She was preceded in death by her loving husband of 42 years, Jack Randall Frithiof (2014), and her parents, retired USAF Lt. Col. Bennie Shupe (2019) and Marjorie Cooper Shupe (2008).

She is survived by her daughter, "AJ" Amanda Jacqueline Frithiof of Redmond, OR and son Tyler (Tyra) Frithiof of Temple.

She will be dearly missed by all who knew her.

Tribute Wall

SA

“ Happy Birthday, friend of my heart. I still miss you everyday.
Sandy

Sandy - July 17, 2024 at 09:08 PM

SO

“ I met Kathleen in Yokosuka, Japan when my husband and Randy were stationed on Naval vessels there. We arrived at the same time and were staying in temporary “housing” - a converted old barracks, until we found housing. Tyler was in diapers then. The ships were gone so much that we decided we needed to find jobs and we worked together for the Navy Exchange Security Officer. I remember one Christmas Eve that Randy and Bill spent hours putting together a tiny bicycle that Tyler could ride in their big apartment. We learned to perfect our strawberry daiquiri’s. Our families had purchased Japanese vehicles that had been bought and sold over and over again by previous Americans stationed there. We explored Japan and our biggest trip was driving up to Mt. Fuji! It was so hard to say goodbye, but we kept in touch once we were back in the States by mail and by phone. Then we were off to Thailand and Randy and Kathleen were off to the Philippines. They came home with Tyler and a beautiful baby girl, Amanda. Thankfully, they were stationed for a long time in Pensacola before Randy left the Navy and of course found work after retiring there. Pensacola is my home town and so every time I visited we spent time together and had so much fun. I remember how beautiful Kathleen made each and every home they lived in and how welcomed anyone visiting felt. I loved her wonderful sense of humor and her delightful, full-throated laugh. She was beautiful inside and out and I will miss her terribly.

Sharon Olsen - January 26, 2024 at 06:07 PM

SH

“ Kathleen (princess) was a very long time nail client of mine. Kathleen was the one and only that’s for sure. We shared a lot together from happy to sad. Kathleen was my person my second mom. I will miss our laughs, cry’s and over all just fun!! May you rest in peace mamma ❤️ you will always be in my heart ❤️

Stephanie Hyde - January 20, 2024 at 09:08 AM

VL

“Cathy was the first and prettiest “ginger” I had ever met She was 5 yrs older than I growing up and at that time it seemed like a lot. Especially given the fact that she was well traveled and educated, and no doubt brought up “properly” by Colonel and Mrs. Shupe. I remember my brother giving her, her very first lipstick on her 16th birthday. That was a big deal back then! Often she would take me riding around in “Vera” her little Volkswagen. She would make the sound effects like a race car driver as she would shift gears! She loved loved loved that car! We would go up to A&W Root Beer, to the drive up stands. Much like Sonic or a drive in movie. Our favorite thing to order was Cheese Frenchies. Oh my goodness they were great! It was a cheese sandwich battered and deep fried. To this day I find myself craving them often! Then of course, we would drive by Randy’s house! She loved him like there was no tomorrow. He was a handsome devil and no doubt loved her equally. It was a match made in heaven! Their two children meant everything to them. Nothing in the world was more important and that’s a fact. Cathy was like a breath of sunshine. We used to walk down the middle of the road, with her hands on my hips and me in front, singing “A bicycle built for two” and played shadow games with our long legs. So silly but so memorable. I never met anyone else like Cathy; she was one of a kind. Although as conservative as all get out, she was also a Free Bird, and fly she did! We used to sit/lay out in the yard with our chairs and blankets and popcorn and watch the evening skies and the stars and watch for the satellite that would be flying overhead. Colonel Shupe always knew their schedule. That was a big deal back then! We had no city lights so it was perfect. The Shupe’s were like family to us. We loved them and always will. Cathy will sincerely be dearly missed....



~Vida Jill Bouldin Love 

“The best and most beautiful things in the world

*cannot be seen,
or even touched.
They must be felt
With the heart.
~Helen Keller*

Vida Love - January 19, 2024 at 01:57 PM

SA

“ *Cathy was one of my best friends in high school. We used to talk pretty much every day. In the past few years, we have rarely talked directly but we loved to text... What a concept for our generation! We could carry on a texting marathon well into the night. When we went off to college we used to send each other letters and cards...postage due...when you could do that... We made "greeting cards" to send each other from our "card company"... which Cathy named the "Really Swell Card Company". I still have a card that Cathy created and sent me...postage due! We used to go to baseball games mainly to heckle the umpires, not the players. Cathy loved her little green Volkswagon, she named "Vera"... She was better at driving a standard and I was better at parallel parking, so she would park in the middle of the street in downtown Austin and we did the proverbial fire drill so I could park Vera. We never got thrown out of any place during our adventures, but looking back...it was not for lack of trying on occasion! When I texted Cathy I could always count on a witty, well-thought-out response... until my text on New Years Day...No response. I texted one more time after I had heard she had passed, to tell her I loved and missed her. I may keep texting occasionally until the person that gets her number tells me to stop. Pretty sure she will know and smile about that. Good friends are hard to find, harder to leave and impossible to forget. Bless you and thank you for being a good friend. I hope you and Jack Randall are catching up on good times!*
Sherilyn

Sherilyn Adcock - January 11, 2024 at 10:56 AM

MH

“ A special lady and fellow soccer mom for a number of years. I am so sorry to hear that she has died. I have lots of happy memories of her. Love and prayers to you and Temple!

Millie Hudson - January 08, 2024 at 04:17 PM

TF

“ She was absolutely one of my favorite aunts. Just seems unreal. I'm going to miss her so much and will always hold her close to my heart . May you rest in peace aunt Cathy you will be missed dearly.

Tiffany Frithiof - January 08, 2024 at 12:51 PM